



Newset Training
North Wales

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Pastoral Care and Mentoring

Do you have students who lack motivation and focus?

Are you expected to support students through emotional and academic challenges?

Teachers are often faced with a variety of psychological issues in their pastoral roles and need strategies to manage and guide students through them. This workshop develops ideas on how teachers can support students and recognise their needs. It also focuses on how teachers themselves can manage their own stress at work and communicate more effectively with both staff and students while motivating and supporting others.

We understand that effective pastoral care and mentoring is essential for students in their journey to develop a mental resilience and confidence to succeed in the future. We also know that one course cannot provide all the answers which is why we offer a complimentary workbook for tutors to use with their groups in tutorial sessions as part of the continued mentoring process.

“Really useful session. It made me think about how to change the way I approach a situation as well as helping the pupils think more positively.

An engaging presentation with straightforward and easy to apply strategies.”

STEPHEN HALL – SEDBERGH SCHOOL

Our workbook for students provide simple techniques to help them gain perspective during stressful events and learn how to confidently plan and work towards their future goals. For more information about this workbook please visit: <http://newset-training.com/students.html>

About the tutor



Clare Martin is the director of Newset Training. As a qualified teacher she brings with her the knowledge and experience from the classroom together with her background in psychology, Neuro Linguistic Programming and mindfulness meditation. Clare has worked as a trainer within schools and colleges on various courses supporting both students and staff to manage stress and develop strategies for success.

To enquire about INSET please contact us via the website: <http://www.newset-training.com/contact.html> and we will email you with a proposal to meet your needs.

Alternatively you can call 07811 356 283 for any booking enquiries or email: clare@newset-training.com